



# RUGBY FOOTBALL UNION **WOMEN**

## Law Card 2010/11

### Senior Variations

**Premiership and the Championship** play in accordance with current IRB laws ([www.irb.com](http://www.irb.com)).

**National Challenge Leagues** play in accordance with current U19 IRB laws apart from the following variations:

#### **National Challenge 2 and below:**

All matches can be played with reduced numbers and teams either match 15 or 12 a side.

- 12 a side will comprise of 6 forwards and 6 backs (front row, second row, number 8).
- Maximum of 20 players with 10 interchanges allowed using roll on, roll off substitutes
- Minimum playing number 10.

### Lower Age Band (U15)

This age band takes into account players aged 12, 13 and 14 on 1st September. The RFUW's U15 matches should be played to the RFU U14 variations but with the following difference:

- **13 aside - 6 in scrum & 7 backs**
- **25 minute halves.**
- **Size 4 ball.**
- **Substituted players can be re-used at anytime.**
- **Festival and Tournament 80 minutes of rugby per day.**

**Line-out – Law 19** - Lifting/supporting is prohibited in these age groups, i.e. a player may not bind to a jumper until that player has returned to the ground.

**Scrum – Law 20** - The scrum half not throwing the ball into the scrum must not move beyond the middle line of the scrum until the ball has emerged from the scrum or an opponent has placed their hands on the ball. In the event of a strike against the head, the scrum-half who has thrown the ball into the scrum is similarly restricted in not following the ball.

**NB** Contested scrums are permitted if both coaches agree. Coaches must ensure that the players have been suitably prepared for contested scrums. If there is any doubt then scrums must be uncontested.

### Upper Age Band (U18)

This age band takes into account players aged 15, 16 or 17 on September 1st. The RFUW's U18 matches should be played to the **IRB U19 variations**.

From their 18th birthday players may elect to register as a senior player and may participate in senior training sessions and matches as well as U18 training sessions and matches. They will however be restricted in cups and some tournaments to only one category.